



**YOUTH  
CONFERENCE**  
presented by  
**Inspiring Minds  
Philadelphia**

**THE**

# POWER

O F C O N N E C T I O N

*Building and Maintaining Positive Relationships*

**9th-12th  
Grade  
Students**

**03.14.20**  
**9AM-3PM**  
Mastery Charter  
Pickett Campus  
5700 Wayne Ave.  
Philadelphia, PA

**Fee = \$5**  
**+A Toiletry Item**  
Lunch  
Provided



*Register Today: [IMbuildingnetworks.eventbrite.com](http://IMbuildingnetworks.eventbrite.com)*

## **FEATURED SPEAKER: RUSHIA BROWN, FORMER WNBA PLAYER**

Building and maintaining relationships is the foundation of success. Through interactive workshops, high school students will learn how to use their talents and skills to build their own network while meeting other young people from Philadelphia and surrounding areas. The conference will also host a youth showcase featuring Live Wire and other local artists.

# WORKSHOP DESCRIPTIONS

**SELF** – Mental Health is extremely important. This workshop will encourage students to be more intentional with exploring self. It is important for young people to realize that the only way to be good for others in relationships whether romantic or platonic is to first be good for yourself. While at the same time, help them to realize that they must also learn to lean on each other while discovering self. This workshop will push unity in the community, but will also highlight the need for self-care.

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**CAREERS IN AUDIO ENTERTAINMENT** – We will present career options/paths, as well as discuss the current environment in the ever-changing field of audio/entertainment.

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**EVERYTHING YOUNG MEN SHOULD KNOW BEFORE THEY TURN 18** – An inside-out approach to young men's rites of passage. The young men will explore who they are and how that can use their natural abilities to make an impact on their culture and world. This will unpack what each individual should be striving to learn and achieve before they turn 18. Participants will walk away with a completed vision plan and leadership mindset.

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**HOW TO BUILD YOUR NETWORK** – Networking and the ability to connect with people is one of the most important skills needed in today's world. But equally as important, is how to stay in contact with your network and leverage it for your benefit.

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**HONORING THYSELF: THE IMPORTANCE OF BEING YOUR AUTHENTIC SELF IN ANY RELATIONSHIP** – In this workshop students will explore their voice and how they present themselves in various relationships and situations. Students will complete a series of exercises in which they record their authentic responses and what they actually would say or do in a public setting. They will take an introspective look at why their responses differ. Students will also discuss topics surrounding acceptance, expectations, self-love and self-development.

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**WHEN RIVALS BECOME TRIBAL** – We will discuss the importance of community. Many Black and Brown teens measure their fulfillment around money or being alone due to trust issues. It breeds an internal environment of toxic isolation and a lack of good character. This workshop will consist of ways to heal mental health with community and good discipline resulting in great character to transcend one's goals.

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**THE ART OF COMMUNICATION** – This workshop will build an understanding of best business and personal relationship practices and how they can make or break an experience. We will dive into the ins and outs of healthy communication, how to support one another and how to present as your whole self in every interaction. Come join us while we all grow during this networking experience and build our social IQ.

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**HEALTHY RELATIONSHIPS WITH MONEY** – Helping students understand needs vs. wants, budgeting, and saving.

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**BUILDING BETTER COMMUNITIES** – A conversation on police community relations and how crime is impacting our lives. Coming up with solutions on how to build better relationships with our local law enforcement officers and build better communities.

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**EVERYTHING YOUNG WOMEN SHOULD KNOW BEFORE 18 YEARS OLD** – Some people have to learn from their own personal experiences while others can learn from the experiences of others. Come and learn how to properly navigate the world as a young woman of color and avoid many of life's pitfalls.

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**ACT UP** – Acting techniques for better communication.

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**CREATING AN ELEVATOR PITCH** – Be prepared when the opportunity presents. You only get one chance to make a first impression and sometimes that moment is fleeting. How do you stand out and get noticed when you only have a moment? Let's find out.

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**THE JOURNEY TO DISCOVERING ME** – Who are you? What do you have to offer? Do you help others? Knowing who you are requires discovery. Play some games, meet new people, but more importantly, learn who you are.

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