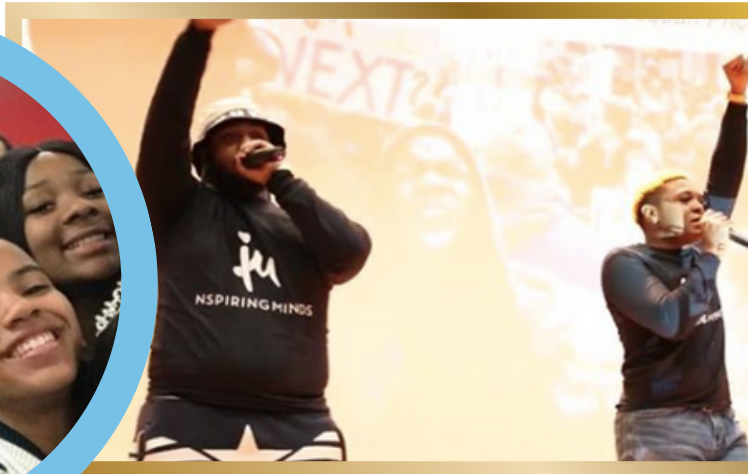


# IM Leadership Institute



***The IM Leadership Institute*** includes 3 programs that develop leadership skills in high school youth through deepening their knowledge of cultural identity & history through our Know Your History Program, understanding how to activate their power through our CIVICS program, and how to prioritize their emotional and physical well being through our Life Goal Labs. Each program can also be a stand-alone program and is implemented during the school day.

**Know Your History** is a literacy-based program that provides students with a culturally enriching educational experience designed to assist them in developing their sense of self and their leadership skills. Through multimedia presentations, discussions that unpack our history, and engaging activities that challenge participants to work collectively, participants will be able to make a critical analysis of the state of our current communities and how it directly ties to History.

**CIVICS** is a culturally responsive curriculum that provides young people with opportunities, platforms, and access to mediums for communal advocacy through the arts. Through building bridges to social justice platforms, students engage in a process that allows them to take a look at their communities and their pivotal role in their transformation and liberation. This program features investigative inquiry, prescriptive action planning, and participatory engagement as its core components.

**Life Goal Labs** introduces participants to foundational skills that support wellness and leadership. Participants will be challenged to consider emotional and physical well-being as their right rather than a privilege. They will also explore justice through the lens of owning their time, owning their creativity, and owning their bodies as an act of self-determination on the path to personal freedom.