



Young Women's Empowerment Program

Office of Safety & Youth Development

Join us to build and connect with young ladies who are seeking to become agents of change in their communities! This 15 week experience will deepen your knowledge in the following areas:

How do I manage my life?

Health & Wellness

Goal setting, Time Management, College Preparation, Managing Stress & Anxiety

Who am I?

Cultural Identity

- Rites of Passage
- Self Identity
- Build a Sisterhood

How do I activate my power?

Civic Engagement

- Artivism (Music, Dance, Visual Arts & Poetry)
- Political Literacy
- IMConnected Shark Tank

Young women engage with experts from their community weekly for 12 weeks!

Unit 1 - Who Am I?

Session #1:

Session #2

Session #3

Session #4

Unit 1 - Life Management

Session #1:

Session #2

Session #3

Session #4

Unit 1 - Activating Power

Session #1:

Session #2

Session #3

Session #4